



**The Stress Management Society**  
**Email: [info@stress.org.uk](mailto:info@stress.org.uk)**  
**URL: [www.stress.org.uk](http://www.stress.org.uk)**

### **APPLICATION FORM FOR MEMBERSHIP TO THE STRESS MANAGEMENT SOCIETY**

1. Please complete each section of the form in full. You can fill it out either through typing or in block capitals if submitting hand written forms. The form must be completed – we will not accept CV's alone.
2. Full details of experience must be supplied relevant to stress management and any qualifications relevant to stress management when applying for full membership.
3. "Organisation" refers to the name of your employer or your trading name.
4. Only full time students or persons who are unwaged and under training can apply for student membership. On completion of the course, students will be transferred to the appropriate grade.
5. If you are applying for 'Full Member grade', at least one of the referees you provide should have knowledge of your experience within the stress management field. The referees you provide must not be related to you or be in your employ.
6. All applicants must agree to abide by the Stress Management Society's Code of Conduct.
7. Send a copy of your certificates (not originals) with your application (essential for Full Membership). Please write the full postal address and telephone number of the awarding body at the back of your certificates you send us. If you are submitting non-UK university degree qualifications you will most likely be asked to provide supporting evidence of your validity.
8. Stress Management Society reserves the right to decline membership to any applicant.
9. Membership information is held in compliance with the Data Protection Act. Your details will not be passed on to any third parties – except by your prior consent.

If you have any problems filling out the application form or need more clarification, please call us on 0844 357 8629.



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### MEMBERSHIP APPLICATION FORM

Please fill the details below exactly as you would wish it to appear in the members profile register. Do not note down any details which you do not want published.

Title \_\_\_\_\_ Forename (s): \_\_\_\_\_ Surname: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Town: \_\_\_\_\_ Postcode: \_\_\_\_\_

Telephone (home): \_\_\_\_\_ Fax: \_\_\_\_\_

Telephone (work): \_\_\_\_\_ Fax: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email (home): \_\_\_\_\_ Email (work): \_\_\_\_\_

Occupation: \_\_\_\_\_

Organisation (see note 3): \_\_\_\_\_

Present Job Title (s): \_\_\_\_\_

Outline of present role (you may support this with CV or job description):

I am the lead trainer at The coach with the Hat, all my coaching comes under The Empowering Coaching System, I generally work high perfromres sporting them to step into their power and have balance while doing it. Each tool is designed for you to get the most out each area in your life.

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**Higher Education, Professional Training and Qualifications**

College/University, etc (please give address)	Course	Qualification received	Date

**Training & Courses, relevant to application**

Organisation/College etc	Course Title	Duration hours	Date

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### Membership of Professional Bodies

Institution or Professional Body (Please provide an address)	Grade	Date Accepted

### REFERENCES

#### First Reference

Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Address: \_\_\_\_\_

Post Town: \_\_\_\_\_

Postcode: \_\_\_\_\_

Tel (home): \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Relationship to applicant:  
\_\_\_\_\_

#### Second Reference

Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Address: \_\_\_\_\_

Post Town: \_\_\_\_\_

Postcode: \_\_\_\_\_

Tel (home): \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Relationship to applicant:  
\_\_\_\_\_

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**APPLICATIONS FOR STUDENTS MEMBERSHIP ONLY**

We require evidence from student members to show they are studying a subject in some way connected to or related to Stress Management. The Stress Management Society welcome receiving applications for upgrading student members after completion of their course.

Course of Study being followed: \_\_\_\_\_

Name and address of College/University etc: \_\_\_\_\_

\_\_\_\_\_

**Tutor's Certificate**

I certify that \_\_\_\_\_ is following the course of study mentioned above.

Signed: \_\_\_\_\_

Title: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

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**Please give details of experience relevant to stress management** (Compulsory for Full Member grade applicants).

Please make sure you have included all the required documents before sending of your application:

Certificates of Qualification (photocopies)

Certificates of Insurance (photocopies)

Please indicate the grade for which you would like to be considered

**Full Membership**

Associate member

Student member

**I certify that all the information I have provided in this application is correct to the best of my knowledge and if accepted, I agree to abide by the Stress Management code of conduct.**

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**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Additional information**

How did you hear about Stress Management Society? (If you were introduced by a member please provide their name).

Please provide any other information you would like to share or contribute about yourself to Stress Management Society.

Please send your completed forms, copies of certificates and insurance to us by email at [info@stress.org.uk](mailto:info@stress.org.uk) or by post to:

**Membership Officer**  
**Stress Management Society**  
Suite C  
Quay West  
Salamander Quay  
Harefield  
Middx  
UB9 6NZ

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