



Absence is a major burden for Employers, with the costs estimated to be around £1,200<sup>1</sup> for each employee across corporate UK every year. You will have also seen the costs of Medical Insurance provision soar in recent years – with average increases now exceeding 10% per annum<sup>2</sup>.



Stress Management Society  
...from distress to de-stress

## REDUCE ABSENCE, REDUCE STRESS, PREVENT LITIGATION AND ABOVE ALL REDUCE COSTS...

**INTRODUCING THE ULTIMATE RISK MANAGEMENT TOOL FROM THE STRESS MANAGEMENT SOCIETY IN CONJUNCTION WITH HEALTH ASSURED – FROM JUST £6.74 PER EMPLOYEE PER ANNUM.**

Work related stress claims are also on the increase. In the past Employee Assistance Programmes have typically offered little defence to an employer, simply because they are often not well publicised or well used and in a significant number of cases they do not offer an adequate route for treatment.

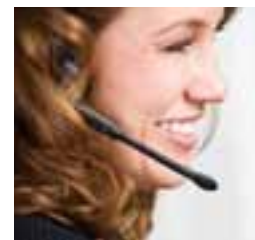
10.5 million working days are lost each year due to stress, with the average episode lasting 30.2 days<sup>3</sup>. Claims under the Disability Discrimination Act have increased by 28% over the last 2 years making one of the fastest growing areas of litigation.

The Stress Management Society is the UK's leading authority on Stress and Stress Management, we are therefore ideally positioned to develop a new and innovative Wellness solution for Corporate UK.

The Risk & Absence Management plan will reduce your current absence rates, prevent litigation and above all reduce costs – the complete solution is now available.

- Medical Screening for all candidates – to comply with the Disability Discrimination Act
- Health Assessments – reduce absence, reduce costs & improve moral
- Stress Coaching – Demonstrate a duty of care, reduce litigation and greatly reduce absence.
- Employee Assistance Programme – reduce stress, reduce absence and reduce liabilities.
- Commercial legal Helpline – expert advice 24 hours a day

SCHEME SIZE (employees)	RATE PER EMPLOYEE PER ANNUM
1 – 19	£13.47
20 – 49	£11.97
50 – 249	£10.47
250 – 499	£ 9.57
500 – 4999	£ 8.57
5000 +	£ 6.74



If you would like to find out more about how you can reduce absence, prevent litigation and significantly reduce costs then you can contact us by email on [info@stress.org.uk](mailto:info@stress.org.uk) or by telephone on:

**0844 357 8629**

*“The SMS plan offers so much more than a traditional Employee Assistance Programme, offering support in terms of merging Stress management and effective Occupational Health services and provides a number of Risk Management benefits that are integral to the plan”*



Neil Shah, Chief Executive, The Stress Management Society

[www.stress.org.uk](http://www.stress.org.uk)