

A detailed black and white line drawing for a Stress Awareness Month poster. The design is framed by a decorative border of leaves, vines, and small hearts. At the top, the words "Stress Awareness Month" are written in a mix of elegant cursive and bold, outlined block letters. Below the title, two hands are shown reaching upwards, with a heart-shaped drop falling from them into a pool of water, creating ripples. The central text "Small Actions, Big Impact" is written in a flowing, cursive font. At the bottom, a banner contains the hashtag "#BeTheChange". The entire illustration is filled with intricate details like flowers, a lotus flower at the bottom, and circular icons of people holding hands.

Stress
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